

PICKING OUT PRETTY GIRLS FOR YOUR FRIENDS—ATTRACTIVE RECIPES—CYNTHIA—SHOPPING

USING THE SOUR MILK TO MAKE CRULLERS AND CAKE: MRS. WILSON GIVES RECIPES

Requires No Shortening and Has Health Value; Delicious Southern Spoon Bread Can Be Made, Too

Two Sour-Cream Salad Dressing Formulas to Serve With Cucumbers, Celery or Cold Meat

By MRS. M. A. WILSON

(Copyright, 1919, by M. A. Wilson. All rights reserved.)

THE honey clabber desserts of grandma's day are now seldom used. Few of us realize the wonderful health-giving qualities of this natural food.

In many parts of Europe the folks know that the lactic acid bacteria of the sour milk reaches and neutralizes the bacteria and ferment in the intestinal tract.

There are various appetizing ways in which to serve and prepare sour milk. Among them are cottage cheese, buttermilk cheese and salad dressings.

Milk is a valuable body-building food, and while it may become or be made artificially sour, it in no way loses its food value.

In preparing cheese from sour or buttermilk do not throw away the clear water-colored liquid.

THE WOMAN'S EXCHANGE

- 1. What particular need among you Belgian and French babies can be supplied here in Philadelphia?
2. Mention attractive health pills that can be used in emollient use.

YESTERDAY'S ANSWERS

- 1. For every hundred men of marriageable age in England, an Italian scientist has counted just 47 who are 121 women.
2. Mrs. Saraella Vaidis is a leading woman suffragist in India.

INEXPENSIVE LUNCHEON

There is a very simple and inexpensive luncheon that can be served in the home. It is a luncheon that can be served in the home.

RUSSIAN BLOUSE IN FAVOR

The long Russian blouse continues to be a favorite with fashion designers. It is a blouse that is both simple and elegant.

WHEN THE U. S. NAVY BAKES CAKE



When a recipe says cut and fold the whites of eggs into the dough beat the whites until stiff in a separate bowl, then turn on top of the dough.

One teaspoonful of paprika, One-half teaspoonful of mustard, One teaspoonful of sugar.

Mixed to a paste with one teaspoonful of lemon juice. Use on plain lettuce or vegetable salad. If one small cucumber is pared and grated and then mixed with the cream dressing you will have the famous dressing.

Beat to thoroughly mix and then bake for eighteen minutes on well-greased muffin pans.

Place in a saucepan One cupful of molasses, Six tablespoonfuls of shortening, Bring to a boil, and then add One teaspoonful of ginger.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

Beat to thoroughly mix and then pour in a greased and floured cake pan and bake in a moderate oven for one hour.

A TANGO RATINE COAT FOR BALMY DAYS

PLEASE TELL ME WHAT TO DO

By CYNTHIA

Cynthia is very glad to answer problems sent to her by the readers of the column, but she asks that those who send in letters should state their problems as briefly as possible.

Get Another Place Dear Cynthia—I am a cashier at a theatre near my home and some of the male patrons are very ill-bred.

It would be better to ignore the remarks of the men than acknowledge you have heard them, even though made right in your presence.

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

CHUMMING WITH THE GIRLS PRETTIER THAN YOURSELF

Do This, Recommends a Young Man in Advice to Girls, and You Will Cease to Be Worried With the Bug-a-Boo Flirter

FOR the benefit of Kitty, who wanted to know how to make the boys stop flirting with her, one very thoughtful young man sent the following prescription:

Don't think too much of yourself. Become chummy with prettier girls than yourself.

"After a while," he added, in no spirit of sarcasm, "you will begin to believe the people on the street are looking at your chums rather than at you."

The young man does get to the root of the matter. A girl minus too many thoughts about herself is a girl minus flirtatious annoyance for men.

THE knowing young woman realizes her own limitations. It is, indeed, good for the mind-broadening process of an attractive girl, who has taken her attractiveness to heart, to chum with prettier girls than herself.

But, alas! poor Jeannette. Surely she had never had the benefit of competition before. When she came she took it for granted none of the other girls was even as she—to be glanced at on the beach, to be called up on a telephone, to be taken to tea at the big sprightly old hotel and then perhaps to be asked to come back to the dance afterward.

For I am glad to say, Jeannette did learn her lesson. She had been warned where there were no chances for her to chum with attractive girls.

Down in the little seaport town Jeannette learned that not only were there prettier girls than herself but that the most popular young women

were not always the pretty ones. In the first time in her life she met a girl whom no one could call pretty, who could bring any man running with the slightest nod of her head.

Have you seen the baby tanks? If your answer is in the negative, then I say to you, "Sir, or Madam, you have missed one of the baby tanks."

Then gradually designers worked out a type of coat that was neither severe nor slouchy. It is not a trim and "all there" as in a suit. Even the tall woman—who had always felt her height accentuated in the old type long coat—felt perfectly at ease in such a coat.

Slippers Are Heated Black satin evening slippers have long had heated fastenings around the top in bows, three of them.

OUR STORE ORDERS BUY ANYTHING—ANYWHERE

ALICE G. PEARLMAN Children's Ready-to-Wear Shop 129 South 16th Street

MAZOLA The oil from corn, the daintiest foods cooked in it or served with it.

MAZOLA, the oil from corn, the daintiest foods cooked in it or served with it.

MAZOLA, the oil from corn, the daintiest foods cooked in it or served with it.

MAZOLA, the oil from corn, the daintiest foods cooked in it or served with it.

MAZOLA, the oil from corn, the daintiest foods cooked in it or served with it.

MAZOLA, the oil from corn, the daintiest foods cooked in it or served with it.

MAZOLA, the oil from corn, the daintiest foods cooked in it or served with it.

MAZOLA, the oil from corn, the daintiest foods cooked in it or served with it.

MAZOLA, the oil from corn, the daintiest foods cooked in it or served with it.



A TANGO RATINE COAT FOR BALMY DAYS

PLEASE TELL ME WHAT TO DO

By CYNTHIA

Cynthia is very glad to answer problems sent to her by the readers of the column, but she asks that those who send in letters should state their problems as briefly as possible.

Get Another Place Dear Cynthia—I am a cashier at a theatre near my home and some of the male patrons are very ill-bred.

It would be better to ignore the remarks of the men than acknowledge you have heard them, even though made right in your presence.

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Dear Cynthia—Would it be proper for me to resume former relations with a young man to whom I was engaged but with whom I broke the engagement?

Harries Importer 1624 Walnut Street Semi-Annual Clearance Sale Entire Stock of Millinery, Coats, Suits Evening Gowns Blouses, Dresses, Etc.

The House that Heppie built FOUNDED IN 1865—ADOPTED ONE-PRICE SYSTEM IN 1881 C. J. Hepps & Son—1117-1119 Chestnut Street—6th & Thompson Sts. Heppie Victrola Outfits We have especially arranged four Victrola outfits that are practical for home use.

Safe Milk Infants as Invalids HORLICK'S THE ORIGINAL Malted Milk Rich milk, malted grain, in powder form. For infants, invalids and growing children.

MANDO REMOVES SUPERFLUOUS HAIR The removal of a hair growth from under the arms or the face can be very easily accomplished by using this excellent preparation.